



MARCH 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6	7	8
9	10 BF Support Group Allegany County Health Department- 1:00-2:30PM Call (301)759-5022 to register. Free weight check for baby, information; meet other mothers and babies	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)	26	27	28	29
30	31		For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group. Call the WIC Office at 301-759-5020	



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